

## BIRTHDAY CARDS FOR SENIOR CITIZENS

Thank you for volunteering to make birthday cards for senior citizens! Here are a few card making tips:

- Since we do not know who the card will go to, refrain from addressing it to a name or nickname. If you want to address it to a person, you can put something like “To a Very Special Person.”
- Keep the message positive, encouraging, and friendly. Do not make jokes about old age.
- Only sign your first name. You can also put your city if you'd like. (Ex. From: Jenny in Orlando, FL) If you are making cards with a group of friends, you can all sign your names and put your organization name (Ex. From the XYZ School Art Club: Sam, Jake, and Lucy)
- Do not sign any other personal information such as email addresses, phone numbers, or addresses.
- You can use any card making supplies you wish, but avoid anything that is excessive to the point that it will fall off. This is especially important when it comes to the use of glitter. Try rubbing your finger over the card. If very little or nothing comes off, then it is ok.
- Please mail the cards to: Harmony123, c/o Ernest Z, PO Box 819, Winter Park, FL 32790.
- Optional: If you would like us to acknowledge your generosity on our website, please email us your name, email address, city, state, organization if applicable, and a picture of you making or holding your cards.

**Our email is [harmony123.contact@gmail.com](mailto:harmony123.contact@gmail.com)**